

Dating for professionals



Upscale single men and women often experience the difficulty of meeting others like themselves. They usually don't choose to attend bars and singles events in random pursuit of the elusive "relationship".

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Editor's Note

As editor of a woman's magazine, I pay attention to what women say. I listen in on conversations, I ask questions, I read books and articles in other women's magazines, but mostly, I listen. What I keep hearing and reading over and over is that many women are interested in cosmetic surgery but don't feel they are rich enough or famous enough to pursue it. Besides, many are in the dark with what the various procedures are, how much they cost, or what's involved.

So, it struck me: Why not write an article that solves the mystery behind cosmetic surgery, once and for all, giving women the answers to the questions they think only monied people or Hollywood stars should ask.

When I began researching "Mirror, Mirror on the Wall" (page 50), I scoured the Internet for sites on cosmetic surgery. And I became intensely interested in it myself. I wondered, "What would I look like with a new set of breasts?" Mind you, I never had much, so sagging wasn't the problem. But after I stopped nursing my son, they almost disappeared completely. "What better way to research this article," I thought, "than to have a procedure of my own."

Familiar with her previous work, I promptly scheduled a breast augmentation consultation with Dr. Goesel Anson. After many questions and an examination, she informed me I was a "perfect candidate." During that first visit, she carefully explained the procedure, recovery period and possible complications. After a couple more consultations, much consideration, and late-night talks with my husband, I decided that I wanted to proceed.

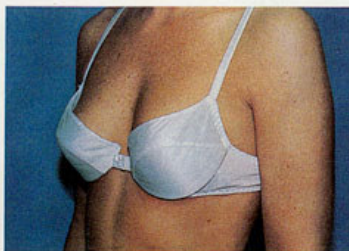
Dr. Anson and I then decided on the proper size. I'm a relatively small person, so I didn't want to go too big. The last thing I wanted to do was have my chest arrive two minutes before I did. I prefer a natural look — what I call "normal" size. I was properly fitted and the implants were ordered. We then scheduled an appointment for surgery.

On May 29, Dr. Anson performed the procedure. I was completely out of it that day, and it took three full weeks for my recovery, during which I couldn't reach, pull, push or lift anything — including my 14-month-old son. (Thank goodness I have a wonderful, supportive husband who took care of our son and me.) As for my new look, the swelling has not completely disappeared, and it will take months for my breasts to completely recover, but I am happy to report there have been no complications, and I love it!

If you're considering cosmetic surgery, read our article, "Mirror, Mirror on the Wall." It consists of five board certified plastic surgeons, each explaining, in detail, a procedure of their choosing. So, if your interest is piqued, I recommend you do your homework and schedule a consultation with only a board certified plastic surgeon.

Angela S. Nelson

Angela S. Nelson



Before



After

MIRROR
MIRROR

ON THE WALL...

Mirror, Mirror

ON THE WALL...

edited by Angela S. Nelson

Like it or not, the way we look is a big factor in the way we feel about ourselves. While most people still believe what's on the inside is what matters most, to some, what's on the outside can be just as important.

So, is cosmetic surgery for you? Many people still view cosmetic or plastic surgery as only for the rich and famous. But in reality, cosmetic surgery can be for anyone seeking to enhance herself. The problem is that many people are uninformed about the types of procedures available and the benefits, risks and costs involved.

The consideration of cosmetic surgery to enhance appearance and self-confidence is a major decision. The purpose of this article is to provide a basic overview of the more popular procedures, giving you a better understanding of what may be involved in a procedure you are considering. Before making a final decision regarding any cosmetic surgery, educate yourself and it will help ensure you achieve the look you want. Since cosmetic surgery needs to be evaluated on an individual basis, we recommend you call a board certified plastic surgeon for a personal consultation.

